



Integrity  
Asset Management

# I AM Advised

GUIDE TO

## DIVERSIFYING AN INVESTMENT PORTFOLIO

*Securing your financial future through  
strategic investment choices*



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## Securing your financial future through strategic investment choices

Welcome to our *Guide to Diversifying an Investment Portfolio*.

Investing can often feel overwhelming, especially when confronted with unpredictable markets and constant updates about economic shifts. However, diversification offers a reliable way to address these challenges. By spreading your investments across multiple asset classes, industries, or regions, you not only reduce the impact of market volatility but also create greater opportunities for growth. This approach helps lower risks while maximising potential returns, allowing you to build a more resilient and future-ready financial portfolio.

Whether you're just starting your investment journey or looking to refine an existing portfolio, understanding the importance of diversification is crucial. This guide will take you through the key principles of diversification. With a well-diversified portfolio, you can attain lasting financial stability while positioning yourself for long-term success.

### What is diversification?

Diversification refers to the strategy of spreading your investments across different types of assets, industries, and regions. The aim is to reduce risk by ensuring that the performance of one investment doesn't heavily influence the overall performance of your portfolio. Think of it as a way of

balancing risk and return by ensuring no single investment or market sector dominates.

For example, consider an individual who invests all their savings in the shares of a single tech company. If that company faces challenges or the tech industry as a whole experiences a downturn, the investor's investment value would decline. However, if they instead spread their investments across technology, healthcare, and renewable energy, the poor performance in one area may be offset by strong performance in another.

A truly diversified portfolio doesn't just include a mix of stocks. It may also encompass bonds, property investments, mutual funds, commodities such as gold, and alternatives like peer-to-peer lending

or green energy projects. Each of these asset types responds differently to market forces, and together, they provide a buffer against extreme volatility.

### Why is diversification important?

The primary objective of diversification is risk management. No investment, no matter how promising, is immune to risk. Market downturns, sudden political changes, and even global crises like the Covid-19 pandemic can all dramatically affect your investments.

Take the financial crisis of 2008. UK investors who were heavily concentrated in banking stocks faced steep losses as the sector buckled under enormous pressure. However, those who had wisely spread their investments across



government bonds, commodities like gold, or even global markets likely weathered the storm with far less damage. Diversification cushions you against the unpredictable.

### Ripple effects reshaping global trade

As we've seen recently, limiting investments to a single region can amplify risks when local economies face challenges. A case in point is the impact of the US tariffs introduced by President Trump in April this year. Global stock markets were rattled as sweeping tariffs, intended to bolster the American economy, were enacted. While these measures may aim to stimulate domestic growth, their ripple effects are reshaping global trade, inflation, and investor sentiment.

On April 2, Trump announced a comprehensive set of tariffs, arguing they would enable the US to "economically flourish." The

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S&P 500 index, however, disagreed, falling over 10% in response and entering what is known as a market correction. Investors were further

unsettled when Trump acknowledged the possibility of a US recession, referring to this period as a "transformation" for the economy.

### Common mistakes to avoid

While diversification is a proven strategy, it's just as important to execute it correctly. A common mistake is misinterpreting diversification as simply owning a large number of investments. If most of your portfolio consists of shares all within the same sector or region, it doesn't provide the risk protection you might think.

Another pitfall to avoid is neglecting correlation. Assets that are highly correlated tend to move in the same direction under similar conditions. For instance, investing in several different bank stocks may feel diversified, but their performance is likely to decline if interest rates fall or the economy stumbles. Instead, aim to include securities and assets that respond differently to market changes.



Failing to revisit and rebalance your portfolio over time can be a costly mistake. Markets change, as do the values of your investments. If one sector or asset type grows disproportionately, it may skew your portfolio and increase risk without your realisation. Periodically checking and rebalancing ensures that your portfolio maintains its intended level of diversification.

### Different ways to diversify your portfolio

Diversification is not only about the number of investments but also about their variety. Here's how investors can approach it across key dimensions.

**Industry diversification:** Investors should avoid concentrating solely on one sector, such as technology. Spreading investments across industries like healthcare, energy, and consumer goods ensures you aren't overly exposed to any single area. For instance, while the tech sector may enhance your portfolio during growth

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periods, energy or utilities might offer more stability during economic downturns.

**Geographic diversification:** Global markets can provide a hedge against domestic downturns.

Investing outside the UK, whether in the EU, the US, or Asian emerging markets, can mitigate the impact of an economic slowdown at home. For example, while the UK struggled post-Brexit, some investors found gains in US equities or Asian emerging markets.

**Asset type diversification:** Beyond stocks, investors can consider including bonds, property, or commodities such as gold. Risk-tolerant investors may also explore more speculative assets; however, these require thorough research and a solid understanding of the associated risks. Each asset class reacts differently to inflation, market fluctuations, and other economic conditions, providing layers of security.

### How to assess your risk tolerance

Understanding your unique risk tolerance is essential when deciding how to diversify your portfolio. Risk tolerance refers to how much risk you are willing and able to take on in order to meet your investment goals. Factors such

as age, financial objectives, income, and even your personality influence this determination.

For example, younger investors with long-term goals often possess a higher risk tolerance since they have time to recover from potential losses. This might allow for a stronger focus on growth-oriented assets such as equities. Conversely, retirees who depend on their portfolio for income may prefer safer, income-generating assets like bonds.

### Value of professional advice

The abundance of online resources can make investing appear straightforward, but nothing replaces professional advice tailored to your circumstances. We can work with you to build a diversified portfolio that suits your goals and ensures your investments are well-structured for the future.

We'll help you identify overlooked opportunities, optimise your asset allocation, and maintain balance as markets evolve.

Furthermore, we'll provide guidance during times of uncertainty, helping you avoid common pitfalls such as panic selling or chasing unsustainable returns. ■

### ASP INVESTING WITH CONFIDENCE?

Market challenges remind us of the importance of careful planning and diversified strategies. Speak with us to review your financial objectives and create a customised investment solution. Together, we can help you achieve lasting stability and peace of mind. Contact us for a personalised consultation. Your financial future deserves diligent, informed attention.

THIS GUIDE DOES NOT CONSTITUTE TAX, LEGAL OR FINANCIAL ADVICE AND SHOULD NOT BE RELIED UPON AS SUCH. TAX TREATMENT DEPENDS ON THE INDIVIDUAL CIRCUMSTANCES OF EACH CLIENT AND MAY BE SUBJECT TO CHANGE IN THE FUTURE. FOR GUIDANCE, SEEK PROFESSIONAL ADVICE.

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# READY TO TAKE CONTROL OF YOUR FINANCIAL FUTURE WITH A TAILORED APPROACH TO INVESTING?

Contact us for a personal consultation to reassess your goals and develop a strategy tailored to navigate uncertainties and confidently grow your wealth.

**Secure your peace of mind today by focusing on what truly matters—your long-term success. Let's create a plan that works for you.**



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